

Lead Testing Clinics for Children



September 9, 11, 16, 17, 23 & 25
Kiro Wellness Centre, 1500 Columbia Avenue

Call 250-364-6226 to book an appointment or for more information

You're invited to attend our Lead Testing Clinic if your child is:

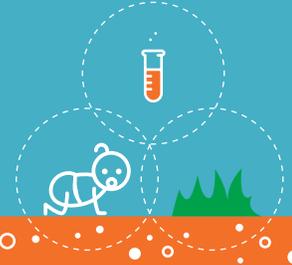
- aged 6 – 36 months and lives or spends the majority of their day in Trail or Rivervale
- aged 6 – 60 months and lives in a recently renovated home anywhere in the Greater Trail area
- aged 6 – 60 months and new to Trail or Rivervale

There will be balloons and toys for the children, plus a chance to win a gift certificate from Ferraro Foods.



Have a question? Visit our downtown Trail Community Program Office at 1319 Bay Avenue, call 250-368-3256 or email programs@thep.ca. You can also visit us online at thep.ca.

How does the soil management program work?



Contact the THEP community program office to ask about soil testing in your yard.

Priority is given to homes with children under 12 years of age.

Home & Garden (H&G) team receives consent from the property owner to access the property for soil testing.

Collecting the samples from a yard only takes a half an hour.

Once soil samples are collected they are analyzed and a report is written.

H&G reviews and prioritizes the property based on the presence of children under 12, the quality of ground cover such as grass, and lead levels in soil.

Meet the staff at Home & Garden



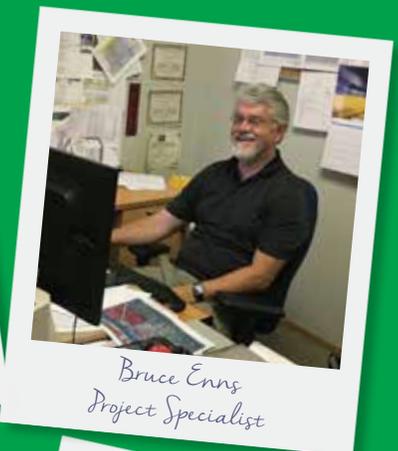
*Cindy Hall (centre)
Community Program Representative*



*Andrea McCormick
Project Manager*



*Alexa Matthes
Project Scientist*



*Bruce Enns
Project Specialist*



*Chris Campagnaro
Environmental Technician*



*Kayla Johnson
Administrative Assistant*



*Marty Cancilla
Project Scientist*



*Lindsay Kokolski
Environmental Technician*

Have you noticed more yard work in your neighbourhood?

We want to hear from you!

Take the Community Survey at www.thep.ca

DEADLINE: OCTOBER 10TH

All completed surveys entered into a draw for **\$100 Ferraro Foods Gift Card**.



Soil results are mailed to the property owner about two to three months after sampling.

If needed, remediation or ground cover improvements are offered and property owners sign a **second consent form**.

A few months prior to the start of the project, a **plan is developed** with the property owners, contractor and H&G representative.

Depending on the size of the property it takes about 2 weeks to complete a **full remediation** project.

For homes undergoing yard work and remediation, a **sign-off** form by the property owner is the last step of this process.

The yard is now ready for the resident to **enjoy and maintain**.



Radon: Have you tested your home?

Radon is a naturally occurring radioactive gas that can accumulate in homes. It cannot be smelled, tasted or seen. Radon is the second leading cause of lung cancer after smoking. The only way to know if you have radon is to test for it.

The THEP Community Program Office has test kits available to you!

Due to high demand, there may be a wait list.

Suggested donation is \$15 to cover costs and a tax receipt is provided.

Drop by 1319 Bay Ave or call 250-368-3256 to reserve your radon kit.

Tips to keep the dust down when using a leaf blower:

- ✓ Wet the dusty area before using a blower or wait for a rainy day;
- ✓ Close nearby doors and windows;
- ✓ Use the full nozzle extension so air flow is close to the ground;
- ✓ Learn to control the air flow to lift leaves without lifting dust;
- ✓ Blow debris into piles; and
- ✓ Dispose in a landfill.

FAMILY HEALTH



Why is Early Childhood Development important?

Early childhood development (ECD) refers to the physical, socio emotional, cognitive and motor development of children from birth to 8 years of age.

The early years are critical because this is when the brain develops most rapidly. Healthy early childhood development influences well-being throughout life.

What is the THEC's history with early childhood development?

Children have always been the heart of why the THEC exists. The commitment to ECD was raised during the 2010 public consultation specifically to broaden the THEC mandate of preventing exposure to lead to support ECD more pro-actively. ECD was integrated into THEC's mandate in 2011/2012. In 2013, the Healthy Families Healthy Homes Program (HFHH) was launched.



CCRR Toy Lending Library now online.



Welcome to THEP's New Public Health Nurse: Meghan Morris

As the Public Health Nurse working with the Trail Health and Environment Program Meghan's role is to ensure families are informed about living in Trail and the impacts of lead exposure in the environment, specifically to young children. Meghan provides the Healthy Families part of the Healthy Families Healthy Homes Program (HFHH).

In addition, Meghan coordinates the September and February Lead Testing clinics. You may also see her in the community at events such as the Teddy Bear Picnic and Ready, Set, Learn.

In Meghan's words, "My husband and I moved to the Area in 2008. Three children later, this area has become home. We feel fortunate to have a supportive community with so many great programs and resources. Having personal experience with yard remediation and the programs has been great as I transition into this new role."

Please contact Meghan at 250-364-6223 if you have any questions about the clinic or want to be added to the invitation list.



What is the Healthy Families Healthy Homes Program?

The Healthy Families Healthy Homes Program (HFHH) is an in-home visitation, health promotion program targeting expectant families and families with children aged 0-3 years in Trail and Rivervale. This is a time when children are more at risk of exposure to lead in their home environment as they are beginning to crawl, explore their world and put objects and hands in their mouths.

Each family receives two visits, one from an Interior Health Public Health RN (the Healthy Families visit) and one from a trained professional at the H&G Program. Visits focus on prevention of lead exposure and strengthening the children's healthy development through education, awareness and supplies to help parents take action immediately.



For more information



Visit our Office
1319 Bay Avenue



Call
250.368.3256



Email
programs@thep.ca



Website
thep.ca